

## **INPATIENT**

### **Te Whetu Tawera**

Te Whetu Tawera (TWT) is the Adult Acute Inpatient Mental Health Unit for Auckland District Health Board, which serves the population of central Auckland. TWT has 58 beds in a modern purpose built facility, including a 12 bed ICU. Situated at Auckland City Hospital in the heart of Auckland there is good access to public transport near the unit and it is close to several major shopping and entertainment centres.

### **Buchanan Rehabilitation Centre**

Buchanan Rehabilitation Centre (BRC) at Point Chevalier is a recovery focussed inpatient rehabilitation service for 40 people aged 17- 65 years who are experiencing severe mental illness and have high and complex needs. The client population is predominantly youth and young adults. This service is committed to facilitating a therapeutic recovery oriented environment utilising evidence based practice in response to clients clinical and rehabilitation needs. Individual and group programmes support clients in their journey of recovery. BRC strives toward assisting clients to increase their ability to cope with everyday living and be self-determining in taking control of their lives.

### **Child & Family Unit**

The Child and Family unit (CFU) is a 20-bed child and adolescent mental health inpatient unit working with young people from 0-18 years and their families. They are one of only three specialist inpatient Child and Adolescent Mental Health Service units in New Zealand serving a very large region with strong commitment to collaboration between young person, family, staff, and other services. They also have a recently opened 3-bed Mother and Baby Unit, which is the second only in New Zealand. The unit is situated on the 1st Floor of Starship Children's Health, which is part of Auckland City Hospital.

## **COMMUNITY**

### **Cornwall House, St Lukes, Manaaki House & Taylor Centre**

Cornwall House, St Lukes, Manaaki House & Taylor Centre are ADHB's four Community Mental Health Centres that service the central Auckland area. The multi-disciplinary teams provide a range of assessment and recovery focused treatment options to the adult population with serious mental illness and severe psychological disorders. They have excellent reputations for providing effective mental health services and a high range of quality therapeutic programmes with a strong multi-disciplinary focus in collaboration with service users, their families/whānau, local communities and the wider multi-disciplinary team within the Community Mental Health Centres.

### **Regional Youth Forensic Service**

The Regional Youth Forensic Service (RYFS) is a specialist regional multi-disciplinary team serving the Northern and Midlands region. RYFS primary role is the assessment of children and adolescents involved in the Youth Justice systems, preparing formal reports on their mental health needs for the Courts and other agencies, and providing short term therapies and consultation to a small number of young people. They also provide clinical services to young people in secure residential care, and Court liaison services.