Date: August 2017

Job Title: Occupational Therapist (Acute Services)

Department: Acute Mental Health Unit

Location: He Puna Waiora

Reporting To: Charge Nurse Manager

Direct Reports: nil

Functional Relationships with:
- Internal
  - Acute Services Occupational Therapists
  - Multi-Disciplinary Team
  - Senior occupational therapist (adult services)
  - Occupational Therapy Advisor
  - Waitemata Mental Health Services Teams
  - Waitemata MHS Occupational Therapy Group

- External
  - Relevant non-governmental agencies
  - Auckland Regional MHS Occupational Therapists
  - Staff & Students of AUT & OP Occupational Therapy Schools
  - Occupational Therapy New Zealand
  - New Zealand Occupational Therapy Board

Our Purpose, Values and Standards

At the heart of Waitemata DHB is our promise of ‘better care for everyone’. This promise statement is the articulation of our three-fold purpose to:
1. promote wellness,
2. prevent, cure and ameliorate ill health and
3. relieve the suffering of those entrusted to our care.

At the heart of our values is the need for all of us to reflect on the intrinsic dignity of every single person that enters our care. It is a privilege to be able to care for patients, whānau and our community, a privilege that is sometimes overlooked in our day to day work.

Our standards and behaviours serve as a reminder to us all about how we are with our patients and with each other.
Purpose of the role:

Provide occupational therapy input

Ensure delivery of a comprehensive, progressive occupational therapy service to consumers and multidisciplinary team

Facilitate people’s participation in meaningful occupations now and in the future

Understand and address ways in which social, cultural and physical environments support or limit people’s functioning, recovery and occupational development

Understand and address the effect of mental health problems on functioning in everyday life

Participate in planning, delivery, ongoing development and evaluation of acute and sub-acute services, giving priority to unit programs

Provide professional oversight to new graduate position/s

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<thead>
<tr>
<th>KEY TASKS</th>
<th>EXPECTED OUTCOMES</th>
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<tbody>
<tr>
<td>To work as an occupational therapy mental health clinician</td>
<td>Is able to articulate application of occupational therapy in relation to specific client work</td>
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<td>Uses evidence based practice</td>
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<td>Adheres to Occupational Therapy Process Standards (2003) utilising specific occupational therapy tools</td>
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<td>Identifies and utilizes appropriate generic tools</td>
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<td>Utilises, had knowledge of and promotes local resources</td>
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<td>Uses and selects occupations and environments to facilitate and enhance overall wellness and quality of life</td>
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<td>Provide individualised or group occupational therapy interventions with identified clients</td>
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<td>Provide objectives and rationale for groups</td>
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<td>Plan and resource groups and meet identified needs, and fit into the context of the unit programme</td>
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<tr>
<td>To work as a recovery centered clinician</td>
<td>Understands and practices in accordance with Recovery Competencies for New Zealand Mental Health</td>
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# Key Tasks

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<tr>
<th>Health Workers (2001)</th>
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<tr>
<td>Recognises and supports personal resourcefulness of consumers</td>
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<td>Involves consumers and families in service planning development and evaluation</td>
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<td>Advocates for consumers and supports self-advocacy</td>
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<td>Articulates awareness of many views/explanations of mental illness and is able to understand and accommodate these</td>
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<td>Shows an awareness of service user initiatives</td>
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<tr>
<td>Shows an awareness of and utilizes a range of support services for family/whanau</td>
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<td>Provides education and support to families and others</td>
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<td>Provides information to consumers and families to ensure informed decision making</td>
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## Expected Outcomes

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<tr>
<th>Waitemata District Health Board’s commitment to biculturalism is honored</th>
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<tr>
<td>Cultural advise and supervision is sought</td>
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<tr>
<td>Work co-operatively with culturally appropriate staff</td>
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<td>Attends cultural awareness workshops</td>
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<tr>
<td>Has awareness of different cultural beliefs and treatments related to mental health, and valuing of these is differing world views is demonstrated in practice</td>
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<tr>
<td>Has awareness of how cultural differences could impact on therapeutic relationships</td>
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<td>Has awareness of culturally specific and determined roles and occupations</td>
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<td>Participates in cultural events</td>
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To work as a culturally aware clinician
## Occupational Therapist (Acute)

### Position Description

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</table>
| To work as an effective team member | Identifies and articulates the unique roles and skills occupational therapy offers to the team  
Provides occupational therapy perspective through consultancy to the team  
Has awareness of and identifies the roles, functions and philosophies of the multidisciplinary team  
Shares clinical responsibility with the multidisciplinary team  
Works collaboratively with other team members to achieve integrated outcomes for consumers |
| To work professionally and competently manage self | All practice in accordance with the Code of Ethics for Occupational Therapists (2004) and New Zealand National Mental Health Sector Standards (2001)  
Practice is in accordance with WDHB Policies  
Ensures annual practice certificate is up to date  
Functions as an autonomous practitioner and is accountable for own actions  
Manages time effectively  
Identifies and utilizes stress management strategies  
Displays conflict management skills  
Effective and efficient acquisition and management of resources  
Completes required statistical records  
All interaction with consumers and significant others is documented in line with the New Zealand Mental Health Standards |
| To demonstrate a commitment to personal and professional development | Completes orientations and mandatory training as stipulated in the Training and Development team policies  
Regular professional supervision (minimum once a month) occurs to address areas of difficulty and review quality of practice |
### Occupational Therapist (Acute)

#### Position Description

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<td>Professional development is actively pursued by active participation in appropriate in-service or outsourced education, reading relevant literature or seeking other resources</td>
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<td>Professional advisor / Senior Occupational Therapist is liaised with regarding professional issues as required</td>
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<td>Exchange and share resources</td>
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<tr>
<td>Participates in local, regional and national forums such as in-services, conferences and NZAOT mental health special interest groups</td>
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<tr>
<td>Keeps up to date with information distributed by New Zealand Occupational Therapy Board</td>
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<tr>
<td>Develops and maintains a Professional Development Portfolio as required by the Health Practitioner Competency Assurance Act 2003</td>
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<tr>
<td>Participates in providing education and practical experience to occupational therapy students</td>
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<td>Provides supervision to other staff where appropriate</td>
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#### Statutory & Treaty of Waitangi obligations

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<tr>
<td>Ensures the professional and political integrity of WDHB by carrying out all functions in compliance of the Treaty of Waitangi and by demonstrating a serious commitment to keeping the treaty alive.</td>
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<td>Shows sensitivity to cultural complexity in the workforce and patient population</td>
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#### To recognise individual responsibility for workplace Health & Safety under the Health & Safety Act 1992 & Amendments 2002

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<td>Following &amp; complying with H&amp;S policies &amp; processes &amp; applying them to their own work activities</td>
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<td>Identifying, reporting &amp; self-managing hazards where appropriate</td>
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<td>Early and accurate reporting of incidents at work</td>
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PERSON SPECIFICATION

POSITION TITLE: Occupational therapist (Acute)

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<th>Minimum</th>
<th>Preferred</th>
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<tr>
<td><strong>Qualification</strong></td>
<td>Recognised Occupational Therapy tertiary qualification</td>
<td>Courses and training relevant to acute mental health</td>
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<td>NZ Registered Occupational Therapist with an annual Practicing certificate</td>
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<td>Up-to-date occupational therapy theory and practice</td>
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<td><strong>Experience</strong></td>
<td>At least three years’ experience working in mental health or relevant clinical area within a clearly defined occupational therapy role</td>
<td>Has had working relationships with other occupational therapists with demonstrated collegiality, supportive and inspiring abilities</td>
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<td><strong>Skills/Knowledge/Behaviour</strong></td>
<td>Excellent communicator and team worker</td>
<td>Optimistic and flexible attitudes</td>
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<td>Is client-centered and valuing in all interactions</td>
<td>Sound understanding of consumers and mental health illness from clinical and occupational therapy theoretical frameworks</td>
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<td>Autonomous, self-directed and able to manage stress</td>
<td>Treaty literate and has bicultural competencies for working with Maori</td>
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